

The Skeletal and Muscular Systems

Directions Complete each sentence by writing the letter of the *best* word or words in the space on the left-hand side of the page.

- | | |
|--|----------------|
| _____ 1) The skeleton is made up of _____ bones. | a) contract |
| _____ 2) The bones of your _____ help protect body parts inside your body. | b) involuntary |
| _____ 3) Without your skeleton, you would not be able to stand or _____. | c) joints |
| _____ 4) Bones move when muscles _____. | d) pairs |
| _____ 5) Muscles always work in _____. | e) shorter |
| _____ 6) You use _____ muscles when you want to walk. | f) skeleton |
| _____ 7) Your heart muscle is a/an _____ muscle. | g) two |
| _____ 8) _____ connect your bones together. | h) 206 |
| _____ 9) When your muscles contract, they become _____. | i) voluntary |
| _____ 10) There are _____ kinds of muscles in your body. | j) walk |