

## 7<sup>th</sup> GRADE HEALTH

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Room B140

\*This course is about:

*Leading causes of death in America, obesity and other risk factors, wellness, fitness, nutrition, eating disorders, and making healthy food choices and avoiding unhealthy choices such as steroids, and diet pills.*

\*Grading Criteria:

30% Tests

20% Quizzes

20% Class work

15% Project

10% Class Participation/ Folder& Notes

5% Homework

\*Expectations:

1. No Lateness

2. Be sitting in your assigned seat with your health folder and a pencil- everything else under your seat.

3. No Hall Passes- use the bathroom in the room/ bring a water bottle

4. Sharpen pencils before the late bell rings

5. Participation is a must- listen and follow directions first time given/ don't call out/ do your own work/ use class time wisely